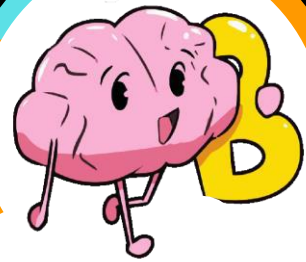




JOI NEURON™



caroljoycreative.com

@CarolJoyArtist



@CarolJoy

• LAUGH • LEARN • LOVE YOUR BRAIN!

This year Carol Joy, founder of JOI NEURON, The Partnership for Community Wellness, Carilion Children's, The Wild Way, and The PB&J Theatre, joined forces to bring multiple Bright and Happy Brain Activities to Elementary Schools! These activities are carefully designed for children ages 5 and up to learn about their brain and body in a fun way, enjoy the outdoors, and gain many strengths for life!

Books



Arts



Outdoors



EVERYONE WILL LEARN ABOUT:

- ✓ **THE MAGICAL WORLD INSIDE THE HEAD**
The world of our mind and emotions, and how to make it shine at any moment – like by moving our body!
- ✓ **100 EASY TRICKS TO MAKE THE BRAIN HAPPY!**
Easy things proven by science that us humans can do to make the brain happy – So that we feel happy too!
- ✓ **CALMING DOWN THE HEART WHEN BEATING FAST**
How to calm our hearts in “stormy” times of worry, nerves, or fear, as can happen if we see a bear appear!

A partnership for a Bright future:

PCW
Partnership For
Community Wellness

CARILION
Children's

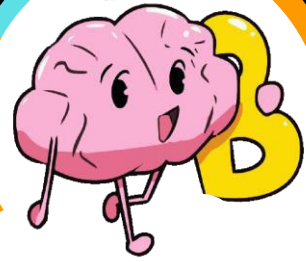


the
pb&j
Theatre Co.



Title I District Family Night

presented by Roanoke County Public Schools



When: Thursday, October 12th
Where: Northside High School
Time: 5:30-7:00 PM
How: Use the form below to RSVP
no later than 10/4

You and your family are invited to join us on October 12th at Northside High School as we host Carol Joy, founder of JOI NEURON. Carol is an American author, health analyst, singer-songwriter, and chemical engineer with extensive experience in brain science research. Her company offers unique educational products and tools, with “easy to understand” language for the little ones. Please see reverse side for event details. Pizza 🍕 and refreshments 🥤 will be provided!

_____ Yes, my family plans to attend the event

Number of family members attending: _____ adults & _____ children

Student's Name: _____ Grade: _____

Student's Name: _____ Grade: _____

Student's Name: _____ Grade: _____

Please RSVP by returning this completed form to your teacher (1 form per family) no later than October 4th

******In order to place an accurate food order, we cannot accept RSVPs after this date******