

24 Hour Evaluation and Assessment Services

CONNECT – *Evaluation and Assessment Service through Carilion Clinic*

1-800-284-8898 or 540-981-8181

RESPOND – *Assessment & Referral Service Lewis Gale Regional Health System*

1-800-541-9992 or 540-776-1100

Community Providers of Counseling, Addiction Treatment, and Mental Health Services

Avenues to Wellness

www.avewell.com • 540-693-2229

Associates in Brief Therapy

www.abtcounseling.com • 540-772-8043

Blue Ridge Behavioral Healthcare

www.brbh.org • Crisis Line 540-981-9351
Initial Appt. 540-343-3007

Botetourt Counseling Center

www.botetourt counseling.com • 540-977-6300

DePaul Community Resources

www.depaulcr.org • 888-233-7285

Family Preservation Services

540-344-9501

Family Service of Roanoke Valley

www.fsrv.org • 540-563-5316

Intercept's Life Bridge Counseling

www.interceptyouth.com • 540-523-8080

New Choices Counseling

www.newchoicescounseling.com • 540-344-8600

Project Back on Track

• 540-563-5316

Psychological Health of Roanoke

www.psychhealthroanoke.com • 540-772-5140

Serenity Counseling

www.serenitycounselingcenterva.com • 540-977-2181

Teen Challenge Roanoke

www.teenchallenge4u.com • 540-771-0611



Student Assistance Program

A comprehensive school-based program for students designed to identify issues which prevent students from learning and being successful in school. SAP Programs provide education, prevention, early identification, intervention, referral, and support groups for students. Many schools in the Roanoke Valley have a SAP program.

Contact the school and ask for SAP or the guidance dept.

Other Substance Abuse Resources

Alcoholics Anonymous

www.aarooke.org • 540-343-6857

Al-Anon Family Groups

• 540-767-5884

Prevention Council of Roanoke County

www.Pc4y.org • 540-772-4341

Roanoke Area Youth Substance Abuse Coalition

www.RAYSAC.org • 540-982-1427

Other Important Community Resources

Children's Trust Roanoke Valley

www.roact.org • 540-344-3579

Rescue Mission for Roanoke Valley

www.rescuemission.net • 540-343-7227

Sexual Assault Response and Awareness (SARA)


540-345-7273 or crisis hotline 540-981-9352

RESOURCES



NATIONAL
SUICIDE PREVENTION
LIFELINE™

1-800-273-TALK
1-800-273-8255
www.suicidepreventionlifeline.org

 U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
www.samhsa.gov
Project 2005 • Reprinted 2009 • CMHS-SYPR05-0125

NATIONAL CRISIS TEXT LINE

Text HOME to 741741

NATIONAL AIDS HOTLINE

1-800-232-4636

NATIONAL STD HOTLINE

1-800-227-8922

ALATEEN/AL-ANON

1-888-425-2666

WWW.AL-ANON.ORG

DOMESTIC VIOLENCE HOTLINE

1-800-621-4673

WWW.SAFEHORIZON.ORG

NATIONAL CHILD ABUSE HOTLINE

1-800-422-4453

WWW.CHILDHELPUSA.ORG

NATIONAL EATING DISORDER HELPLINE

1-800-931-2237

WWW.NATIONALEATINGDISORDERS.ORG

OR TEXT "NEDA" TO 741741)

NATIONAL RUNAWAY HOTLINE

1-800-786-2929

WWW.1800RUNAWAY.ORG

VIRGINIA FAMILY VIOLENCE AND

SEXUAL ASSAULT HOTLINE

1-800-838-8238

VIRGINIA CHILD ABUSE HOTLINE

1-800-552-7096

VIRGINIA ADULT PROTECTIVE SERVICES

1-888-832-3858

MENTAL HEALTH AMERICA

1-800-969-6642

WWW.MENTALHEALTHAMERICA.NET

SEXUAL ASSAULT HOTLINE

1-800-656-4673

SMOKE FREE

1-877-448-7848

(PHONE APP: QuitSTART)

POISON CONTROL

1-800-222-1222

WWW.POISON.ORG

GLBT NATIONAL YOUTH TALKLINE

1-800-246-PRIDE(7743)

TEEN LINE

1-310-855-4673 OR TEXT TEEN TO 839863

NATIONAL CENTER FOR MENTAL

HEALTH PROMOTION AND YOUTH

VIOLENCE PREVENTION

1-866-577-5787

WWW.STOPBULLYING.GOV

WWW.STOMPOUTBULLYING.ORG



**Blue Ridge
Behavioral
Healthcare**

IF YOU ARE SEEKING SERVICES FOR THE FIRST TIME

CALL OR COME TO:

The Burrell Center- 611 McDowell Ave, Roanoke, VA | 540-266-9200

WALK-INS HOURS: MONDAY-FRIDAY 8:30am-3:00pm

TUESDAYS 8:30am-4:30pm (For **MINORS ONLY**)

BRBH Locations and Resources

**The Burrell Center - 611 McDowell Ave, Roanoke, VA
540-266-9200**

Adult & Family Services: Access Center, Emergency Services,
Psychiatric Services, Alpha Jail Services, Project Link, Outpatient
Services, ID Care Coordination, MH Care Coordination

**Mountain House Club House - 2708 Liberty Rd, NW,
Roanoke, VA | 540-344-8386**

Liberty Location - 2720 Liberty Rd, NW | 540-857-9611
Prevention & Wellness, Adult Care Coordination: Community Based
Host homes, Assisted Living Facilities (ALF) Program, Mental Health
Skill Building

**Child, Youth, & Family Services - 3517 Brandon Ave, SW,
Roanoke, VA | 540-981-1102**

Services: Outpatient, DD Care Coordination, MH Care Coordination,
School Based Services, Community Based Services

**Crisis Stabilization/Detox & PACT - 3003A Hollins
Rd, NE, Roanoke, VA | 540-344-6208**

BLUE RIDGE BEHAVIORAL HEALTHCARE CRISIS HOTLINE: 540-981-9351 | 24 HOUR CRISIS ASSISTANCE

Emergency Room, Urgent Care, OR Doctor?



**Head to the
Emergency Room for:**

- Chest pain
- Head injury
- Seizure
- High fever
- Broken bone

Go to URGENT CARE for:

- Sprains/Strains
- An x-ray
- Bad Flu
- Stitches

Go to DOCTOR for:

- Non life-threatening situations
- Common cold/illness
- Routine tests
- Health exams
- Shots & vaccines

Need a Primary Care Physician?

Talk with your insurance provider

HOSPITALS:

- Carilion Roanoke Memorial Hospital (540)981-7000
- Lewis-Gale Medical Center (540)776-4000
- Veterans Affairs Medical Center (540)982-2463

URGENT CARES:

- MedExpress Williamson Rd- (540)265-8924
- LewisGale Physicians Urgent Care- Valley View (540)265-1607
- AFC Urgent Care- Towers- (540)904-4431

*Blue Ridge Behavioral Healthcare (BRBH) is the public
Community Services Board (CSB) serving the cities of Roanoke and Salem
and the counties of Botetourt, Craig, and Roanoke in Virginia.*

NON-EMERGENCY NUMBERS:

Roanoke City Police Department (540)853-2211
Roanoke City Sheriffs Office (540)853-2941
Roanoke County Police Department
(540)562-3265
Roanoke Valley Crime Line (540)344-8500
Salem Police Department (540)375-3078

HEALTH DEPARTMENTS:

Craig County (540)864-5136
Botetourt County (540)473-8240
Roanoke City (540)283-5050
Roanoke County/Salem (540)387-5530
Roanoke County/Vinton (540)857-7800

TRANSPORTATION:

LOA Area Agency on Aging-Senior
(540)345-0451
LogistiCare (866)386-8331
RADAR (540)343-1721
Smart Way Commuter Bus (540)982-6622
Valley Metro (540)982-2222

CRISIS/HOTLINES:

Adult Protective Services-24-Hour (888)832-3858
Blue Ridge Behavioral- Emergency Services
(540)981-9351
Blue Ridge Behavioral- Recovery Line
(540) 655-3213
Carilion CONNECT-24-Hour (540)981-8181
RESPOND-Lewis-Gale-24-Hour (540)776-1100
Child Protective Services-24-Hour (800)552-7096
Domestic Violence Hotline-24-Hour
(800)799-7233
Domestic Violence Services-TAP (540)283-4813
After Hours Emergencies (540)580-0775
Sexual Assault Response & Awareness-SARA
(540)345-7273 | 24-Hour (540)981-9352
Suicide Hotline-24-Hour (800)273-8255 | 24-Hour
(Spanish) (800)784-2432

CHILD CARE/PRESCHOOL:

Child Care Aware (866)543-7852
Get Well Center-Sick Child Care (540)342-4716
Head Start (540)283-4865
Roanoke City Preschool Program (540)853-2957
Roanoke County Preschool Program (540)562-3900

SHELTERS:

Family Promise (540)444-7374
Red Shield Lodge-Men (540)853-1163
Rescue Mission of Roanoke (540)343-7227
RAM House Day Shelter (540)343-3753
Samaritan Inn-Men (540)343-1447
Still Standing-Women's Day Shelter
(540)339-9574
TRUST House (540)344-8060

MEDICAID/MEDICARE/FAMIS:

Blue Ridge Independent Living (540)342-1231
LOA Agency on Aging-Seniors (540)345-0451
Roanoke City Social Services (540)853-2591
Roanoke County Social Services (540)387-6087
Social Security Administration (800)772-1213

EMPLOYMENT/CAREER SERVICES:

Center for Employment Training (540)767-6220
Goodwill Industries (540)581-0620
Roanoke Workforce Center (540)204-9660
Virginia Cares-Ex-Offender (540)342-9344
VA Dept for Aging & Rehab-Disabled, Elderly
(540)204-9725

COUNSELING:

Blue Ridge Behavioral Healthcare (540)266-9200
Commonwealth Catholic Charities (540)278-1653
Family Service of Roanoke Valley (540)563-5316
Health Matters (540)776-1946
Mental Health America of Roanoke Valley
(540)344-0931
New Horizons Healthcare (540)283-2556

FAMILY PLANNING/PREGNANCY SERVICES:

Carilion Adolescent and Student
Health (540)985-9075
Commonwealth Catholic Charities
(540)342-0411 | 24-Hour (800)296-2367
Crisis Intervention-Blue Ridge Women's
Center (540)362-4357 | (800)712-4357
Planned Parenthood (540)563-3457

MEDICATION ASSISTANCE:

Bradley Free Clinic (540)344-5156
DownHome Pharmacy (540)966-4858
Helping Hands Fund (540)853-1163
New Horizons Healthcare (540)362-0360

HOUSING:

TAP (540)283-4800
VA House Search (877)428-8844
Roanoke Housing (540)983-9281
Central Intake (540)853-1163

FREE CLINIC/HEALTH CENTER:

Bradley Free Clinic (540)344-5156
New Horizons (540)362-0360
Project Access (540)344-4200
Rescue Mission-Homeless
(540)777-7671



POISON CONTROL:

24 Hour (800)222-1222

POLICE 9-1-1

EMERGENCY

COMMUNITY RESOURCES