
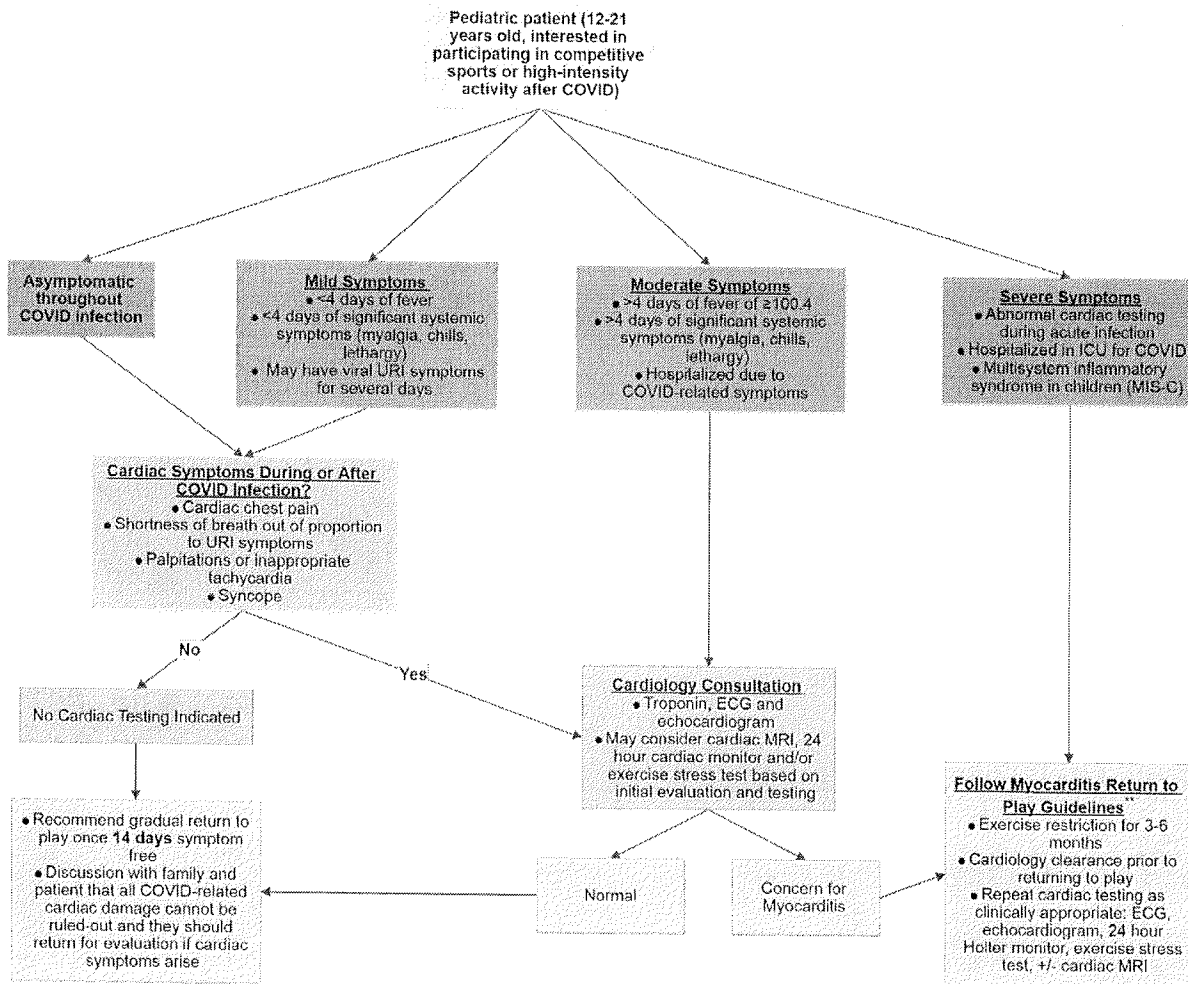


Virginia Chapter

American Academy of Pediatrics 
DEDICATED TO THE HEALTH OF ALL CHILDREN®

Interim Guidance for Return to Play After COVID-19 Infection (Ages 12-21 Years)*



*This flow diagram represents interim guidance and general current consensus for returning to sports and physical activity following COVID-19 infection in adolescents and young adults. It is not meant to replace clinical judgement and deviations may be necessary depending on the specific situation. For children under the age of 12, following this guideline may be prudent if the desired physical activity is felt to be especially rigorous.

**Maron BJ, et al. Eligibility and Disqualification Recommendations for Competitive Athletes With Cardiovascular Abnormalities: Task Force 3: Hypertrophic Cardiomyopathy, Arrhythmogenic Right Ventricular Cardiomyopathy and Other Cardiomyopathies, and Myocarditis: A Scientific Statement From the American Heart Association and American College of Cardiology. *Circulation*. 2015 Dec 1;132(22):e273-80.

***This interim guidance was last updated on November 8th, 2020.